



ज्ञान-विज्ञान विमुक्तये

आचार्य मनिष र. जोशी
सचिव

Prof. Manish R. Joshi
Secretary



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
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9 ज्येष्ठ, 1947/ 30th May, 2025

आदरणीय महोदया/महोदय,

Subject: Integrating chapters on the dangers of drug abuse in higher education curricula.

Drug abuse is far more than a personal problem—it poses a serious threat to individuals, families, and entire communities. Its consequences are vast and often devastating. Physically, it can cause lasting harm to the brain and other vital organs. Mentally, it contributes to conditions such as anxiety, depression, and even psychosis. It disrupts academic progress and career ambitions, clouding judgment and diminishing potential. Legal troubles, broken relationships, and financial hardship often follow in its wake. Most alarmingly, drug abuse can lead to overdose and death. Clearly, recognizing these dangers is vital to making informed, responsible decisions and building a safer future.

Integrating chapters on the dangers of drug abuse into higher education curricula is crucial for raising awareness among students, who are often at risk due to peer pressure, stress, and academic challenges. This age group is particularly susceptible to experimenting with substances, making education on the risks vital. Such content equips students with knowledge about the harmful physical, mental, and social effects of drug abuse. It also encourages responsible choices and reduces stigma around seeking support. By including this subject, institutions promote a healthier, more informed campus environment, ultimately contributing to student well-being and a safer educational experience.

HEIs are, therefore, requested to take steps to incorporate content on the harmful effects and consequences of drug abuse into their curricula in an appropriate and contextually relevant manner.

The HEIs may also refer to a comprehensive paper titled 'Drugs of Abuse' developed by the UGC for the SWAYAM platform, which can be accessed at the following link: https://ugcmoocs.inflibnet.ac.in/index.php/courses/view_pg/696. These modules offer valuable insights and can serve as a foundational reference for the universities while designing or enhancing their curriculum to address the dangers of drug abuse.

HEIs are also requested to organize awareness campaigns and activities in their institutions in coordination with State Governments, NGOs and other relevant stakeholders. These activities may include interactive workshops, lectures by experts and rehabilitated individuals, and effective audio-visual presentations. The subject will not only make students aware of its health, mental and social impacts, but will also make them understand the importance of preventive measures, self-control and making wise decisions in life.

Such academic interventions are crucial in equipping students with the knowledge to make informed and responsible choices.

I would be grateful to receive a report on the action taken by your institution through Google Form available at <https://forms.gle/7MtXY55KLLVx4x4h8>.

सादर,

भवदीय,


(मनिष जोशी)

सेवा में,

सभी विश्वविद्यालयों के कुलपति।

सभी महाविद्यालयों के प्राचार्य।